

Maranatha Youth Centre

Internship



-  Port Elizabeth (Gqeberha), Eastern Cape, South Africa
-  Homework assistance
-  Sports
-  Singing, Drama, Art
-  Social work & Life Skills





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I. Who is Maranatha?

Maranatha Streetworkers Trust arose out of the amalgamation, in May 2002, of three organisations working among the destitute in Port Elizabeth.

- Maranatha Streetworkers Action (est 1990)
- Cross Urban Ministry (est 1991)
- Tabita Ministry (est 1996)

Maranatha Streetworkers Action rents the property in Southdene from the Nelson Mandela Bay Municipality and is responsible for the maintenance of the building.

Cross Urban Ministry was established under the protection of the Newton Park congregation of the Dutch Reformed Church and ran soup kitchens for street people in the city centre.

Tabita Ministry started in the Swartkops River area and ran a feeding scheme at the Primary school, needlework classes in the community centre and a play school in the Aloes Township.

These three organizations amalgamated to form Maranatha Streetworkers Trust which is registered as NPO (non-profit organization) and PBO (public benefit organization) under the leadership of Mr & Dr Basson.

Maranatha functions as a Christian Non-profit organisation aimed at addressing the needs of the poor and unemployed in a manner that will restore their dignity, by creating an infrastructure through which individuals or families can be cared for Spiritually, Socially and Physically.





2. What do they do?

Siyakatala at Maranatha is a Child and Youth Care Centre for up to 18 boys and 12 girls [30 children]. The centre caters for children and young people receiving full time residential care from the ages of 3 to 21 years of age. The centre is registered with the Department of Social Development. The aim is to give the children the best opportunity to develop. The centre is also looking into opportunities for future training and higher education in safeguarding the future of all those at the home, even after the age of 18. The key focus is service delivery areas of therapeutic, developmental, recreational and caring. Organized activities include cricket lessons, scouts, swimming lessons, singing lessons and life dancing. All children receive counseling, internal educational, life skills, sports and devotions based programmes.

The centre is a full-time home for these children who have all endured extreme abuse and trauma, many having spent time living or working on the street having fled their circumstances. The centre operates 365 days a year. During the holidays there is always a need for volunteers who can assist in providing stimulating activities. Many children are fluent in three languages being English, Afrikaans and Xhosa.

The centre has had some great success stories over the years and tries to stay in touch with children when they leave to offer additional support.

There is a constant need for volunteers to assist with service delivery to the children at the centre. This also includes:

- helping with school homework as some children benefit from one on one assistance. They often have educational backlogs and help in this area is always appreciated.
- sports, art, singing, drama, games and other activities
- Social work students can also be involved in social group work/life skills and supportive counseling in certain cases.
- The centre follows a full Christian program including daily devotions and church attendance and invite anyone who can also invest in the spiritual development and upliftment of these young lives.

Other Projects at Maranatha

- Maranatha Adult Care is a centre that accommodates 25 destitute adults and families. They are involved in therapeutic and developmental programmes.

Adults from this project have been seen to be able to eventually find accommodation and employment outside of the centre and then be able to re-build their lives. Many residents remain in contact with the project after they leave and visit from time to time to express their gratitude. Our oldest resident is 75 years old.

Maranatha Adult Care does not receive any government funding and relies fully on donations. The adults at these projects provide their own services to the organization and in the process develop their work skills in starting to rebuild their



lives in return for their accommodation and meals. This project needs students/volunteers who are interested in facilitating work with adults, offering recreational activities or support to those residing at the project. The project also welcomes those who can offer spiritual counseling where required and have a devotional plan for all the adults residing with us.

- Outreach Projects – The focus in 2018/19 is to open youth projects in the rural areas – Maranatha is established in the area of Nieu-Bethesda (Pienaarsig Township) where they are currently implementing programmes under the Maranatha umbrella, to support that community. The central focus is currently on community upliftment. Support is currently given in the form of food parcels, supporting the primary school, holiday club & sports project with various prevention programmes. Training programs have been initiated to train members for community members who are assisting in service delivery.
- Maranatha runs feeding schemes for children still on the streets in their immediate area.
- Children from the centre help in beach clean-ups and other initiatives such as removal of illegal abortion posters and animal welfare events to develop their own sense of 'giving back'.
- Farm area on the premises – geese, ducks, chickens, rabbits, guinea pigs and other birds (including parakeets and doves) The centre also has a number of dogs at their premises which we have adopted from animal welfare. Students are encouraged to be involved in animal care and life skills with the children. Our adults are also involved in this project.
- Maranatha has 12 vegetable tunnels where food for the centre and other feeding schemes are grown. (lettuce, cabbage, cauliflower, tomatoes, chillies, peppers, onion, spinach, herbs and beetroot) Children have been involved in this initiative under adult supervision for life skills. There is also worm farming and an aquaponics food production (including fish farming) that has been recently implemented to great success as an income generating project.





3. The Internship

The Maranatha Youth Project offers placements for students for a minimum period of 6 weeks. In this guide you will find more information about the organisation, the requirements for a placement with this organisation and some practical information. We offer internships for the following studies:

- Social Work
- Child Care
- Pedagogic Studies
- Any other related social studies

Guidance & Supervision

Guidance will be offered in numerous ways as different people are involved in your stay at this project.

One of our Khaya coordinators will pick you up from the airport and show you around. They prepare you for your work activities at the project and will be assisting you during your stay. They will transport you to and from the project, make sure the shopping is done and organize fun outings for the weekends. One of the coordinators lives at the volunteer house and will be able to assist you with your needs as they have more than enough experience and know the area quite well.

At the centre, you will be supervised by a professional team led by **Dr Trudi Basson** as General Manager and **Mrs Bronwyn Jute** as Programme Manager. Remember you are a professional in your own right - even whilst with child care-workers if you want to question anything then you have the right to do so.

Code of Conduct

It is important that the student will be a positive role model by displaying the following traits:

- Honesty – by being honest in all your dealings within the organization;
- Commitment (reliability) - to perform the duties you have undertaken regularly and punctually;
- Internal problems/differences between staff members/students or residents may not be discussed with external supervisors without the express permission of the management;
- An important part of the training is administration. Students will be required perform administrative tasks required according to the services they render.
- Persons acting as counsellors cannot decide on their own whom they are going to council.
- To give regular feedback about your activities and observations to the team. Written feedback is appreciated.



- Any suggestions / needs and or problems must be brought to the attention of the management of the centre.
- The observations and input of the students are very important and therefore they must be seen as part of the team to help the child(ren).
- Permission must first be obtained from the management before any outings; parties or changes in the programs can take place. This is to prevent two parties taking place at the same time etc.
- Keep personal belongings out of reach of children and residents. Theft does occur. Maranatha cannot be held liable for the belongings of students.
- Students must not give their laptops, cameras or cell phones for children to use.
- Discipline – to submit to the disciplinary code of the organisation and to accept that if you transgress you may be prohibited from performing student duties at the organisation.
- No money/gifts can be given to a child. This must first be discussed with the management. This must also be handed in at the office. Request a proof of receipt. (Keep the cost of gifts reasonable – donations are welcome and appreciated at the centre)
- Do not show favouritism towards one child.
- Do not make any promises to children regarding their future.
- Do not develop intimate relations with older children or adults at the centre. Our oldest children can be in their 20s. It is important that professional boundaries are maintained.
- No loans can be made to staff members.
- Students must not become involved in any conflict between staff members; other students or residents.
- No smoking is allowed in the presence of the children and children may not be provided with matches or cigarettes. There are designated smoking areas though this is not encouraged.
- No alcohol may be consumed prior to coming in contact with the children or on the premises of Maranatha. Students must submit to being tested randomly for drugs such as any other personnel or child on the premises.
- They must also ensure these are enforced on the children. The rules can be requested, or the management can be consulted for clarity.
- The student must maintain confidentiality, treat information about the organisation and your clients confidential. No information regarding clients can be taken out of the organisation. This includes information stored on laptops or USBs.
- Depending on the activity / involvement of the student it would be highly recommended that 'In Service Training Sessions' must be attended where applicable. The team must be aware of your starting time, finishing time and days on which you will be in the office.
- It is important that the students dress appropriately. No revealing or untidy clothing will be accepted. There is a dress code policy that must be adhered to.



Code of conduct for counsellors and therapists

Students who wish to assist with the counseling of residents or clients at one of the projects of Maranatha must undertake to:

- Only counsel people appointed to them by the manager of the centre.
- To give regular feedback to the Manager of the centre.
- Not to discuss any person being counseled with anyone other than the Manager of the centre or any one appointed by them (e.g. social worker/program manager).
- Refrain from giving direct financial or material support to a client. Discuss plans as part of supervision.
- Counsel as part of a team – not as an individual. Any concerns must be discussed as part of supervision with the Manager.
- Attendance of weekly meetings where viable.
- Behavior charts must be studied on the children who are your clients. These should be completed daily by the care-workers.
- All children must have an active Individual Development Plan. These must be studied on the children who are your clients.
- It is important to know what is happening with your client and formulating therapy goals on a needs-based approach.
- All conversations and interviews must be recorded and given for filing.
- No files may be taken out of the building.
- All therapeutic resources (books and games) must be signed out and in.
- It is important to be aware of the Children's Act. This can be available for students to sign out during the daytime.
- When the student leaves the centre they must summarize their service delivery, and have it filed in the clients file. This is very important to ensure that work can continue where it finished.

Policy on Dress Code

Maranatha is a Christian and professional organization therefore it is important that everyone who is involved in the centre must carry out this image.

The Centre receives visitors from all spheres of life. Please remember that you must never let your clothing/the way you dress make others uncomfortable in your presence.

Clothing is also a manner of communication. It carries over a message and tells the observers something more about you as a person. The dress code at the Centre is aligned with those of most schools and other centres.

Please keep the following clothing rules of the centre:

- Your clothing must be befitting for the position you occupy in the organisation and the activity you are involved in.
- Check that your clothes are always clean and neat. Check that it is not torn.
- Ladies are not allowed to wear tights except when a top covers your buttocks.
- Ladies are not allowed to expose their breasts. Make sure that your breasts are covered even when you bend forward.



- Ladies are not allowed to wear beach dresses on its own. You must cover your shoulders with a shawl or other clothing piece.
- No shorts are allowed except if it is knee length.
- Men are not allowed to walk around without a shirt.
- Men's trousers must cover their buttocks at all times also when they bend.
- Men's and Ladies trousers/pants must not be too tight fitting or low cut.
- Everyone's nails, hair must be clean and well cared for.
- Men must be neatly shaved.
- No tongue and nose rings. Men are not allowed to wear earrings.
- Do not wear the same clothing three days after each other.

Daily Activities

Activities per intern can differ in many ways. In addition to your involvement at Maranatha, interns also assist at nearby primary school for 2 mornings a week where some of the children from the centre attend.

The variety of options within the program allows for some customization of your work and activities, focusing on your personal experience and interests while also adding value to the project.

Working hours

The standard internship is for 40 hours per week, but this can be adjusted according to your school's requirements.

On days where there are weekly meetings and training, students are expected to attend and therefore need to be flexible with regards to working hours.

First day at placement

For your first day, the organisation has requested to make a small presentation of your own perception and interpretation of child care in South Africa. Prepare something creative. Please do your research before arriving and find information about the South African law concerning social work and child care. You are free to use any form of media while presenting your own interpretation.





4. Location!

Port Elizabeth (new name: Gqeberha, we will teach you how to pronounce it), Eastern Cape, South Africa

The Eastern Cape and the surroundings of Port Elizabeth (Gqeberha) show a large variety of natural beauty, and this makes it a great place to see the variety of South Africa.

To the East you will find the Wild coast (former Transkei and Ciskei) which is mostly rural and undeveloped, and closer you will find Addo National Elephant Park and great coastal villages such as Port Alfred or Kenton-on-sea.

To the North you will find the great Karoo; a semi desert area with wide open spaces, large nature areas and long open roads with historical places such as Graaff Reinet, the Baviaanskloof Wilderness and much more.

To the West towards Cape Town, you will be amazed by the Tsitsikamma National Park, holiday villages such as Plettenberg Bay, Knysna and Nature's Valley & world-famous surf mecca; Jeffreys Bay.

This gives you plenty to see and visit while you are here, and we believe even provides you more diversity than staying in Cape Town for example. You could always add a visit to The Mother City before or after visiting us in the Eastern Cape.

South Africa

Especially for a country like South Africa, researching the history before you go will explain cultural differences you might see and will add a whole new dimension to your experience. If you understand the history of a country, you will understand not only the country better but also the people, their culture, and customs.





5. Is South Africa safe?

Despite general ideas of South Africa being very unsafe, it is important to know that South Africa is known to many as very friendly and welcoming. But please remember that you must realise that in big cities you must stick to a certain conduct of behaviour to avoid complicated situations. As 70% of people live in poverty and few are extremely rich, the differences in life and hope for a better future creates a situation that fuels crime, lack of education, substance abuse, domestic violence and many more problems.

Your safety is very important, and your host will look after you to the best of their ability. We do expect you to do your bit and keep to our safety guidelines. Common sense is your best friend when it comes to safety, but here are a few guidelines:

- Do not walk alone or at night, use an Uber.
- Walk in a group where possible and stay on roads where you are in sight of other people.
- Do not walk around with visible valuables.
- Do not carry a backpack on your stomach; it shows you have valuables and are a tourist.
- Be confident and know where you are going without standing on corners looking at your phone.
- Have a phone on you but do not walk around while calling.
- The project manager at the project will give you additional guidelines that must be followed.





6. How much does it cost?

Included in fees:

- Information and assistance before departure
- Airport pick up upon arrival and drop off at the end of your stay (Monday - Friday)
- Stay in an exclusive beautiful Volunteer House with shared rooms and many facilities (wifi, washing machine, swimming pool, large lounge, dining room, garden)
- 3 Family style meals per day
- Daily transport to-and-from the project
- Weekly offer of outings and fun activities (some for an extra cost)

Excluded from your fees:

- Private Luxuries (snacks, cool drinks, alcohol etc.)
- Costs for weekend outings to safari parks etc.
- Air tickets
- Insurance
- Laundry powder for personal washing

DURATION:	EURO	USD	GBP
Long Term p/week (min 12 weeks)	€ 240	\$280	£210

Fundraising & Donations

Donations are not compulsory for internships, but if you feel motivated to raise further funds before visiting, we are happy to help with any information you may need. To wisely and effectively spend such donations we suggest first to spend some time here and then plan your donation to ensure maximum impact. If you are keen to bring certain materials before traveling to South Africa please connect with us so we can let you know which items are most needed.

Accommodation

The exclusive Volunteer House in Port Elizabeth is a gorgeous home with lots of space. If you like to relax in the big garden, at the swimming pool or in the comfy lounge; this home has space for everyone to feel at home and enjoy the time outside of volunteering activities with other international volunteers from all over the world. .

The home is a beautiful old house renovated and decorated with modern touches. A large swimming pool for summer and a fireplace for winter, what more do you need?

The property is well secured with electric fencing, a security company backup and superbly located within





walking distance of the beach for a swim or surf, different restaurants & other shops.

If you would like a private room as a single traveller or as a couple, please let us know and we will advise you on availability and potential surcharges.

Meals

All meals are included and we work on a set menu per week, lovingly prepared by our cook with your assistance, so don't be shy, help out in the kitchen and you might learn to cook some new dishes. All dinners are cooked, however on weekends when our cook is off from work, volunteers can warm pre-made meals or make a simple dinner with ingredients provided (hamburgers are a favorite) so some participation is required.

Breakfast: choices of bread, fruit, yoghurt, cereals and/or eggs.

Lunch: make your own sandwiches with cheese, marmalade, cold meat or other spreads to take with you to the project.

Dinners: a variety of hearty homely cooked meals such as pastas, stirfry, soups, stews, pies and other dishes.

There is free instant coffee, tea and safe drinking water available at any time. We also cater for vegetarians & vegans but please inform us before arriving to prepare accordingly.





7. When can I start?

Arrival at accommodation can be any day of the week, but new volunteers usually arrive on **Mondays** and start at the project on Tuesdays.

Maranatha requires a minimum participation of 12 weeks.

Participation is in full weeks only (7 nights per week). If you need to arrive a few nights early or stay a few extra nights, please let us know and we can advise you on availability and cost.

Please keep in mind that the project is closed for a few weeks over Christmas and New Years every year.

8. What is expected of me?

It is important that participants at this project understand the importance of the following:

- To be enthusiastic and independent
- To show respect towards the people and culture of the local community. You might not agree with certain ways of conduct during your stay here, but don't forget you are a guest here, and you can't try to change everything in a period of just a few weeks
- To show flexibility towards responsibilities, tasks and activities
- Must be prepared to assist with extra activities that might fall outside the ambit of your internship
- Must be a team-player
- Must be friendly and be able to share personal and cultural differences
- Police Clearance certificate



9. Things to consider

Visa

Most countries will get a free visa upon arrival in South Africa, please check if you are unsure and note that visas are the responsibility of the volunteer, and that Go with Khaya can not be held responsible for clients being denied entry, should they not be in the possession of the relevant visa.

In general, the rule applies that any stay of longer than 90 days in South Africa will require you to apply for a visa before departure. If you plan to stay shorter than 90 days most nationalities receive a free visa upon arrival in Johannesburg or Cape Town airport which can be extended for another 90 days (total of 180 days) in South Africa at [VFS Services](#).

All travellers must be in possession of a valid onward/return air ticket.

Passport

South Africa insists on people having 2-free pages available when you enter. Keep this in mind if you are going to fly home from South Africa after completing a tour to multiple African countries. Please ensure that your passport is valid for at least six months after your date of departure from Africa. You are personally responsible for ensuring that passports, visas, vaccination certificates and other travel documents are in order and for all costs relating thereto.

Vaccines

Port Elizabeth (Gqeberha) is a malaria free area. We do have mosquitoes in summertime, but they are more of an annoyance. For other vaccines we recommend that you contact your local physician or travel clinic for information and advice.

Weather

The weather in this part of Africa can be diverse and summers can get warm, while winters can get quite cold. Port Elizabeth has a very moderate climate though due to the ocean currents and winds, cooling things down on those hot summer days.

Not what everybody expects of Africa but bring a jacket and warm sweater to be prepared for some of those colder days, if you come in our winter months (June, July, and August).

Summer (Dec, Jan and Feb) 16 – 40 ° Celsius

Autumn (Mar, April and May) 10 - 32 ° Celsius

Winter (June, July and Aug) 8 - 25 ° Celsius

Spring (Sep, Oct and Nov) 10 - 32 ° Celsius

Insurance

Accidents can happen to anyone. Make sure to get comprehensive travel and medical insurance.



Alcohol

We allow alcohol to be enjoyed at the accommodation but only for those of 18 years and older. Volunteers under the age of 18 are not allowed to drink alcohol as per South African Law.

We do not allow any parties or gatherings at the house where alcohol is consumed and advise you to go out to enjoy yourself and to drink responsibly.

At this project volunteers work with children who are exposed to alcoholism and all the negative results of it. For this reason, volunteers will not be allowed to participate if they smell like alcohol in any way.

Drugs

Using or possessing drugs is illegal in South Africa and we have a zero-tolerance policy so if we become aware of this, you will unfortunately no longer be welcome at our accommodation or program.

Disclaimer

Go with Khaya commits itself to always offer accurate and correct information, but please keep in mind that information can change, and all projects can be subject to change regarding their programs and/or accommodation arrangements.





10. Let's stay connected

We'd love to stay connected! Please follow & subscribe to our social media platforms below.



[Instagram](#)



[YouTube](#)



[Facebook](#)



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